



Senior Support Program

Ageless Counseling provides in-home counseling and care coordination services for the elderly with a grant from the Fairfield County ADAMH Board. The program is committed to enhancing the lives of older adults, their families and caregivers by providing the needed tools to maintain their independence in their own home.

Whom We Serve

The program is open to any senior adult age 65 or older who lives in Fairfield County. Or any adult age 55 and older with a disability keeping them homebound.

Fees

Counseling services are provided under insurance, Medicare/Medicaid benefits. Co-payments and non-clinical services are provided by grant.

We specialize in home-based counseling and outreach care coordination for a wide range

of issues –

Depression & Anxiety

Loneliness

Grief and Loss

Adjustment to chronic illness and aging

Caregiver Stress

Compliance with Medications

Community Connections

Program Community Collaborators
Such as:

Meals on Wheels
COAAA/Passport
Adult Protective Services (APS)
Olivedale
Older Adult Network
Violet Township Community Medic
Fairfield County 211

Resources:

*Fairfieldcounty211.org 740-687-0500
*Medicare.gov
*Aarp.org
*Mowfc.org (Meals on Wheels)
*Olivedale.com
*Coaaa.org (Central Ohio Area Agency on Aging)
*SSA.gov (Social Security Office)
officeonaging.org (Adult Protective Services)
*Ohio.gov (Ohio Department of Aging)
*Fairfieldmha.org (Fairfield Metropolitan Housing)
*Apa.org/about/gr/Issues/aging/mental-health
(Mental Health Am Psych Assoc.)

What We Do

We seek to improve an individual's health and well-being through quality behavioral health care and effective community partnerships. We help older adults maintain their independence as they age in their own homes by empowering them with counseling, emotional support and services, tailored to the individual needs of each client. After a referral and an assessment, we can provide:

- Counseling
- Outreach Care coordination with doctors and community providers
- Client/family/caregiver education
- Medication and healthcare compliance
- Substance and Elder abuse intervention
- Increase support systems
- Address barriers to quality of life

Through active listening, strengths and client-based counseling, problem solving with client, education, coordination of services and care, referral and advocacy we will:

- Increase quality of life
- Eliminate or decrease symptoms
- Create support systems
- Develop client coping skills and strengths
- Ensure economic stability
- Make community connections